

Perlmutter Cancer Center Navigation Program Cancer Screening Guidelines

Getting the screening tests described below allows for cancer to be found at the earliest possible stage when it is easier to treat. Please follow the screening guidelines unless your doctor recommends more or less frequent screening.

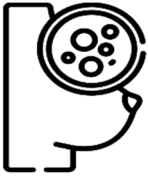




Type of Screening	Screening Test	Age	How Often
Breast Cancer 	Mammogram	Start at age 40 (unless you have a family history)	Yearly Note: Talk to your provider if you have had gender affirming surgery
Cervical Cancer 	1. Pap test 2. Human Papilloma Virus (HPV) Test	Start at age 21	Every 3-5 years depending on the type of test Note: Tell your provider if you are on testosterone
Colon/Colorectal Cancer 	1. Stool Based test: <ul style="list-style-type: none"> • FOBT • Fit Test 2. Colonoscopy	Start at age 45 (unless you have a family history)	1. Yearly for stool-based tests 2. Every 5-10 years for colonoscopy Note: Talk to your provider if you have had gender affirming surgery
Lung Cancer 	Low Dose CT Scan	Start at age 50 if you are a current or former heavy smoker	Yearly Note: Talk to your provider about the risks and benefits of screening.
Prostate Cancer 	PSA Blood Test	Start at age 45 (unless you have a family history)	Yearly Note: Talk to your provider if you have had gender affirming surgery

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