

Learn more about *H. pylori*

NYU Center for Study of Asian American Health invites you to participate in our new research study for Chinese people, at no cost, to help you learn more about *H. pylori* and how to prevent Stomach Cancer. ***H. pylori* infection is the top risk factor for stomach cancer.** Chinese Americans are very likely to develop stomach cancer if they have an *H. pylori* infection.

***H. pylori* can cause:**

- Inflammation of the stomach lining (gastritis)
- Ulcers in the stomach lining or upper part of the small intestine
- Stomach cancer

How does *H. pylori* spread?

H. pylori is most likely spread through saliva, vomit, or fecal contamination in food or water. Many people get *H. pylori* during childhood. Infection is more likely in crowded conditions and in areas with poor sanitation.

How to treat *H. pylori*?

H. pylori treatment includes at least three drugs, including antibiotics and a medicine that reduces stomach acid. For best results, you should take all the medicine. The medicines may cause side effects such as diarrhea, stomach pain, nausea, and/or an unpleasant taste in your mouth.

Who can participate?

- Self-Identifies as Chinese American
- Age 21 and over
- Recently been told by doctor that you have *H. pylori*
- Have not completed *H. pylori* treatment

You may receive up to \$75 in gift cards for your participation.

Contact us to learn more:

Please ask your doctor if there is a study staff available to speak with you at the clinic. Or call us at **718-722-1370**. We speak **Mandarin, Cantonese and English**.