

In order to improve our Project AsPIRE, we ask 10 minutes of your time to answer these questions. Your answer will be kept confidential and will not have any negative repercussion related to any services that you will receive from us in the future. This will help us improve how we deliver the project so other community members can benefit from participating in this study.

As you may know, during the past months, Project AsPIRE organized a series of orientation seminars and group workshops aimed at helping community members learn more about controlling high blood pressure. You were one of the many Filipinos we invited to attend.

1. We understand there could be many reasons that made it difficult for you to participate in this project. Please share honestly any reasons why you could not attend any or some of our workshops?

☐ in Queens

☐ in Jersey City

(Please check all that apply)

- ☐ I have no time to attend any of the workshops during Saturday and Sunday
- ☐ I work on most of the weekends when workshops are offered.
- ☐ The venue for the workshop is far from where I live
- ☐ I was not informed about the schedule for the next workshop session
- ☐ I do not like how the workshops are facilitated by the community health worker
- ☐ My friends stop attending the workshop and I have no companion to go with me.
- ☐ The workshop topics are not interesting to me
- ☐ There were not enough incentives offered to the participants
- ☐ I already know most of the workshop topics from other sources

PLEASE write down your reasons if you cannot find them from the choices above:

2. You frequently have received phone calls from our community health workers to inform you about the next activities. Please share honestly any reason why in any or some instances you do not pick up the phone calls.

(Please check all that apply)

- ☐ The phone calls happened during my working hour
- ☐ I was receiving phone calls during my resting hours
- ☐ I do not pick up phone calls from an unrecognizable number
- ☐ I do not want to lose any of my free minute
- ☐ I prefer text messaging
- ☐ I do not want to be bothered

PLEASE write down your reasons if you cannot find them from the choices above:

- 3. Another option we are giving to the participants is to have monthly one on one sessions with the community health worker. Please share honestly any reason why in any or some instances you did not have a one on one session with the community health worker.**

(Please check all that apply)

- ☐ I do not have time to meet one on one with the community health worker
- ☐ I do not want my roommates/family members to see me with a community health worker
- ☐ My roommates/family members do not want other people going into our apartment
- ☐ I prefer a group session

PLEASE write down your reasons if you cannot find them from the choices above:

PLEASE write down any additional suggestions to improve Project AsPIRE (i.e. what could we have done differently to enable you to participate in this project more than you did)
